

“After an accident that left me permanently disabled, I found myself at a loss. I didn’t know where to turn—or even the questions to ask—to get the help I needed. Determined that no one should have to face that situation on their own, I founded The Independence Center.



Through a variety of services, people can have the care, the tools and all the support they need to live full, independent lives.”

*Vicki Skoog, Co-Founder*

To find out more about services, call 719-471-8181.

#### **SERVICE AREA EXTENSIONS**

- Advocacy x211
- Community Transition Services x212
- Deaf and Hard of Hearing x217 (Voice/TTY)  
Video Phone 719-358-2513
- Employment x213
- Independent Living Skills & Classes x200
- Information and Referral x201
- Low Vision/Blind Service x215
- Peer Support x201
- Person-Centered Learning x219
- Representative Payee x216
- Volunteer Services x218

To learn more about our Home Health Care Services, please call 719-302-7159.

**We serve Cheyenne, El Paso, Elbert, Kiowa, Kit Carson, Lincoln, Park and Teller Counties**



729 South Tejon Street  
Colorado Springs, CO 80903  
Toll Free: 855-646-8181

[www.theindependencecenter.org](http://www.theindependencecenter.org)

## Empowering People with Disabilities for Independent Lives



**Independent Living Services  
Home Health Care  
The Accessibility Store  
Marge’s Café**

Colorado State Licensed In-Home Support  
Services Program Provider  
Medicare/Medicaid and Tricare Certified





*I am very appreciative of the help I received from The Independence Center--I feel like I'm a person again. I thank God for this place!* Gary, Community Transition Services Client

## INDEPENDENT LIVING SERVICES

At The Independence Center, we believe that people with disabilities should have the information and resources to make their own decisions about what's right for them. We provide individualized help—and a community of support—for people as they navigate the challenges that come with short or long-term disability.

### Services include: ADVOCACY

Collaboration with individuals and community organizations to promote the full inclusion of people with disabilities, including access to benefits, services and programs. Provide advocacy on local, state, and national agencies to raise awareness and improve implementation of existing laws.

### INFORMATION AND REFERRAL

Resources and options assist individuals in making informed choices about housing and living independently, benefits and services, financial management and employment.

### PEER SUPPORT

Individual peer counseling and support groups allow people to share ideas and experiences about living with a disability.

### EMPLOYMENT

Program identifies needs, interests, skills and other factors, and provides instruction for the process of applying for a job. Includes application, resume, interviewing skills and more.

### PERSON-CENTERED LEARNING

Person-centered training in math and reading gives students our full attention, helping them grow the skills they have and providing extra help with the skills they are learning.

### INDEPENDENT LIVING CLASSES

Clients can learn computer skills, cooking, financial management, customer service, community and social living and self-advocacy skills..

### SERVICES FOR THE DEAF AND HARD-OF-HEARING

Advocacy and communication services are provided through the use of American Sign Language, tactile signing, lip reading, amplification, gestures, writing back and forth and/or the use of an interpreter. A public video phone and TTY are available.

### LOW VISION/BLIND SENIOR SERVICES

Information, referrals, support groups, education and training for individuals 55 and older who are experiencing visual difficulties.

### COMMUNITY TRANSITION SERVICES (CTS)

Nursing home residents have the opportunity and assistance to transition into independent community living.

## HOME HEALTH SERVICES

The Independence Center offers a complete array of home health care services designed around our clients' unique needs. Beyond providing care and coordination of licensed and non-licensed medical professionals, we offer clients control over how, when and where care is provided.



The Accessibility Store offers quality products designed to enhance your independence, your health and your life. Products include visual, hearing and mobility devices. Come in and try before you buy! Open: Monday-Friday 9am-4pm or online at [www.store4access.com](http://www.store4access.com).



Marge's Café is not only the favorite snack and lunch spot in our building, but it is also a training place for clients to learn the basics of customer service, cash handling and restaurant operation. Open: Monday-Friday 8am-3:30pm.