

LETTER FROM THE EXECUTIVE DIRECTOR

This resource guide was compiled at the The Independence Center by and for people with disabilities. It is intended to serve as an introduction to the resources available to the Disability Community in the Colorado Springs area. We hope this guide will assist persons with disabilities, family members, service providers, and other organizations to access valuable benefits and services in our community.

The Independence Center is certified in the state of Colorado as a non-profit, consumer controlled Center for Independent Living. Our mission is to empower persons with disabilities to maximize their independence within the community, and remove barriers that prevent integration and equal opportunity.

We offer a variety of services including Advocacy, Attendant Services, Benefits Information, Community Education, Information and Referral, and Independent Living Skills Classes (see our brochure for more details).

If you need further information, feel free to call us at (719) 471-8181, Monday through Friday, 8:00 am to 4:30 pm, stop by the office, or visit our website at www.theindependencecenter.org

Vicki Skoog
Executive Director

Note: This is not an all-inclusive guide. Omissions from this publication do not negate the worth of any organization or agency's contribution to the Disability Community. Further, any inclusions do not imply endorsement by; The Independence Center

16th Edition March 2011

Look for The Independence Center in My Face book

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Achieving Greater Independence

The Independence Center sincerely wants to help you access all the resources available to you. The following is a list of programs and benefits for which you may be eligible and can empower you to become more independent. Place a check mark in the appropriate box if you would like more information about any benefits or services listed below. Call us to make an appointment to meet with one of our Independent Living Specialists/ Peer Support Specialists at 471-8181.

- Advocacy/Self-Advocacy
 - Rehab Act – Section 504
 - Americans with Disabilities Act
 - Fair Housing Amendment
 - IDEA /IEP – Information and advocacy
 - Advocacy, Education, Peer Support Training Skills- AEPS
- Individualized Peer Support/ Goal Setting and Management
- Aid To Needy Disabled (for disabled individuals with no income or meet the level of need as supplemental SSI/SSDI)
- Social Security (SSI and/or SSDI for individuals who are unable to work due to their disability)
- TANF (for disabled individuals with children and no income)
- SNAP – Supplemental Nutrition Assistance Program (formerly Food Stamps)
- LEAP- Low energy assistance program
- Rent Rebate
- Disabled Bus Card
- Subsidized /affordable Housing Information
- Employment Services/Customer Service Training Program
- Architectural Barrier Removal Program
- Health & Dental Care information for Uninsured
- Cross Disability and Traumatic Brain Injury Support Groups/Stroke Club
- Assistive Technology (resources and available information)
- Home & Health Care
- Independent Living Skills – Assessment and Classes
- Representative Payee
- Community Education – Disability Awareness
- Nursing Home Transition (C.T.S.)
- Personal Growth – Independence Way
- Social / Recreational Services
- Medicaid / HCBS Waivers / CDAS / IHSS/Medicare
- Money Management / Budgeting
- Daily Living Skills- Health and Communication/ Home Management & Cooking
- PCL – Reading, writing, math skills
- Video Relay Services and IL Services for the Deaf
- Visual Impairment IL Services and Braille Instruction
- Partners in Collaboration**
- The El Paso County Collaborative - RAP
- Employment Alliance of Southern Colorado -EASC
- CCOST/ PPMC/ PAC – Transportation Advocacy
- Passenger Advisory Council PAC
- Interagency Transition Team
- Family Connection Network – FCN
- Division of Vocational Rehabilitation
- Peak Vista Community Health

CALL 211 or (866) 488-9742 Health and Human Services Information and Referral- Free and Confidential in English or Spanish.

DISABOOM- Connecting the millions touched by disabilities and dedicated to improving the lives of Americans with disabilities. www.disaboom.co

ADVOCACY

THE INDEPENDENCE CENTER

An independent living center providing advocacy services for all people with disabilities.

729 S.Tejon, CS/CO 80903

(719)471-8181

www.theindependencecenter.org

The Center provides individual advocacy to persons with disabilities, including assistance in obtaining benefits and enforcement of their legal rights. We encourage the development of self-advocacy skills through group classes and workshops.

THE DBTAC: ROCKY MOUNTAIN ADA CENTER

3630 Sinton Road, Suite 103 CS/CO 80907

(800)-949-4232

www.adainformation.org

www.ADAportal.org

The DBTAC: Rocky Mountain ADA Center is one of 10 regional centers funded by the National Institute on Disability and Rehabilitation Research (NIDRR), a division of the U.S. Department of Education. Our mission is to provide information on the Americans with Disabilities Act (ADA) to individuals and organizations in Colorado, Utah, Montana, Wyoming, North Dakota, and South Dakota. Our Center is operated by Meeting the Challenge, Inc. which is located in Colorado Springs, Colorado. Our staff consists of people with disabilities, spouses and parents of people with disabilities, and people with professional experience in the disability field.

A.R.C. OF THE PIKES PEAK REGION

12 North Meade, CS/CO 80909

(719) 471-4800

www.thearcppr.org

Assists persons, of all ages, having developmental disabilities, with advocacy issues and system policies. Support is offered with IEP's and legal situations. Call for additional information.

THE LEGAL CENTER FOR PEOPLE WITH DISABILITY

455 Sherman St. Suite, 130

Denver, CO 80203

(800) 288-1376

www.thelegalcenter.org

Mandated advocacy and protection system for people with disabilities and older Americans to eliminate discrimination and help people access service through legal representation, advocacy, education, and legislative analytics. For list of programs and services go to: www.thelegalcenter.org

NATIONAL ALLIANCE FOR THE MENTALLY ILL (NAMI)

510 Willamette, Suite A, CS/CO. 80903
(719) 473-8477

www.namicoloradosprings.org

An association of people who care about people with mental illnesses who seek to provide support to families of the mentally ill; educate themselves and the public about mental illnesses; advocate for better services for people with mental illness; and foster research to discover the causes of mental illness and to find a cure. Collaborative Partner. M, W, F- 8-3 and T, Thurs - 9-1

PEAK PARENT CENTER

611 North Weber – Suite 200 CS/CO 80903
(719) 531-9400/ (800)-284-0251

www.peakparent.org

Provides education and assistance to parents of children with disabilities. They also provide information about your rights and “How to” participate in an I.E.P. Parent Training Information (PTI) for state of Colorado.

DISABILITY RIGHTS EDUCATION & DEFENSE FUND

3075 Adeline St. Suite 210
Berkeley, CA 94703
(800) 348-4232

To advocate for and improve education for children and advocate for disability rights.

www.dredf.org

CIVIL RIGHTS OF INSTITUTIONALIZED PERSONS ACT

Special Litigation Section – Civil Rights Division
(202) 514-6255

<http://www.justice.gov/crt/split/cripa.php>

Advocates the correction of widespread deficiencies that seriously jeopardize the health and safety of residents of institutions, prisons, jails, mental health institutions, and nursing homes.

PIKES PEAK PEACE AND JUSTICE COMMISSION

332 W. Bijou St. Ste, 106 CS/CO, 80905
(719) 632-6189

Through education, advocacy and community organization, the PPPJC promotes nonviolence, social justice and sustainability

ALPINE AUTISM CENTER

7875 Deerhill Grove, CS/CO 80919
(719) 955-3767

alpineautismcenter@stfrancis.org

To provide access to effective treatment for individuals and families affected by autism in the Pikes Peak Region, enabling those affected by autism to reach their full potential. Day treatments for ages 3-18, one on one therapy, advocacy and resource for the family.

ASSISTIVE TECHNOLOGY

ABLEDATA SYSTEMS

8630 Fenton St. Ste 930
Silver Springs, MD 20910
(800) 227-0216 - (303) 608-8998
www.abledata.com

Abledata provides objective information about assistive technology products and rehabilitation equipment. They do not sell products, but can help locate companies that do.

ABLELINK TECHNOLOGIES

618 N. Nevada Ave. CS/CO. 80903
(719) 592-0347

Changing lives with cognitive support through research, development and delivery of and other cognitive disabilities.

THE COLORADO ASSISTIVE TECHNOLOGY PARTNERS/SWAAAC

Pearl Plaza
601 East 18th Avenue, Suite 130
Denver, CO 80203
Toll Free (800) 255-3477; TTY (303) 837-8964
www.uchsc.edu/atp

828 Wooten Rd. CS/CO 80915
(719) 380-6220

Toll Free (800) 255-3477 - TTY (303) 837-8964

Assistive Technology Partners is for persons with cognitive, sensory, and/or physical disabilities to reach their highest potential at home, school, work, and play through the addition of appropriate assistive technologies to their lives.

THE INDEPENDENCE CENTER ACCESSIBILITY STORE

729 S. Tejon CS/CO 80903
(719) 219-8182 - Fax - (719) 219-8183

The accessibility store offers quality products to enhance your independence, your health and your life. Products include visual, hearing and mobility devices. Come in and try before you buy.

PIKES PEAK COMMUNITY COLLEGE

Office of Accommodative Services and Instructional Support (OASIS)
5675 South Academy Blvd., CS/CO 80906
(719) 540-7128, (719) 502-3333 V/TTY, (800) 456-6847

The Office of Accommodative Services and Instructional Support (OASIS) strive to create an accessible environment by providing reasonable and appropriate services and accommodations for students with documented disabilities. The college is committed to providing quality educational support for the diverse needs of its students. www.ppcc.edu

BLIND RESOURCES

COLORADO SPRINGS SCHOOL FOR THE DEAF AND BLIND

33 N. Institute Street, CS/CO 80903

(719) 578-2100

www.CSDB.org

Families of children with sensory disabilities are always welcome to visit CSDB whether they are considering enrollment or not.

UNITED TTY SALES AND SERVICE

To E-mail UTSS Customer Service: help@unitedtty.com

To E-mail UTSS Repair Center: repairs@unitedtty.com

To E-mail UTSS Sales/Order Dept.: sales@unitedtty.com

Online showroom of products for the Deaf and Hard of Hearing.

CENTER FOR THE BLIND

2233 W. Shepperd

Littleton, CO 80120

800-401-4632

www.cocenter.org

Independence training and support.

AMERICAN COUNCIL OF THE BLIND

www.acb.org

(800)424-8666

CLOTHING/FURNITURE

"NO CHARGE" CLOTHING AGENCIES

(Downtown area)

LIFE SUPPORT AT THE MARION HOUSE

(719) 578-1222

Men, women, maternity, infant and children up to 16

Women and Men hygiene and towels

14 West Bijou Street

Monday-Friday 9:00 AM – 2:00 PM

1:00-2:00 PM emergency diapers and formula only

HOMELESS CLINIC/ Peak Vista

471-2789

Men, women clothing

117 W. Rio Grande

8:00 AM-5:00 PM Monday, 8:00 AM-12:00 Noon, Tuesday- Friday

GRACE BE UNTO YOU

All clothing
596-9076
2601 E. Saint Vrain
Wednesdays 2:00-4:00 PM

SPRINGS RESCUE MISSION

All clothing
632-1822
5 W. Las Vegas St. (West of Tejon)
Tuesday-Thursday 1:30 PM-3:30 PM, Saturday 9:00 AM-Noon

ONE NATION

Clothing, house wear, furniture appliances, medical supplies, building materials and toys
329-0251
45 Commerce, Unit A (behind N. Nevada K-Mart)
Tuesday-Friday 9:00 AM-3:00 PM

Counseling/Mental Health

SUICIDE PREVENTION PARTNERSHIP HOTLINE – 596-5433

SUICIDE PREVENTION LIFELINE- 1-800-273-8255 TTY: 1-800-799-4889

ASPEN POINT CRISIS LINE – 635-7000

TESSA – DOMESTIC VIOLENCE & SEXUAL ASSAULT HOT LINE 633-3819

MENTAL HEALTH AMERICA OF THE PIKES PEAK REGION 633-4604 OR 633-0845

MENTAL HEALTH ANSWERS: www.mentalhealthanswers.org Provides listing of mental health providers by insurance/payment preference and type of therapy needed.

ASPEN POINT MENTAL HEALTH (FORMALY KNOWN AS PPMH)

(719) 572-6330; TTY (719) 573-1723 CALL CENTER (719)572-6100 or (800)285-1204

www.aspenponte.org

Provides information on consumer resources and how to get an initial appointment. PPMH also offers outpatient services, including ongoing individual and group counseling. They may provide housing options and vocational rehabilitation for clients. Medicaid, private insurance, or private pay. Collaborative Partner

CEDAR SPRINGS BEHAVIORAL HEALTH SYSTEMS

2135 Southgate Road, CS/CO 80906

(719) 633-4114

Free referrals and evaluations, crisis intervention and 24-hour admissions. Inpatient/ services provided for Medicare, Medicaid, and most insurance plans.

Free 24/7 addiction help line 1(877) 355-4673

THE SWITZER COUNSELING CENTER

3410 N. Carefree Circle, Suite H ,#120, CS/CO 80903

(719) 442-0606

Provides psychotherapy and assessments to uninsured/under-insured on sliding scale – Collaborative Partner.

BRIDGE TO AWARENESS COUNSELING CENTER

129 W. Costilla CS/CO 80903

(719) 471-2514

5698 S. Highway 85/87 CS/CO Suite #104

(719) 390-4652 CS/CO -

Substance abuse treatment services – Collaborative Partner

MENTAL HEALTH ACUTE CRISIS CENTER

Youth/Adult Care

115 S. Parkside Drive, CS/CO 80910

(719) 635-7000 Emergency number (719) 572-6340

www.ppbhg.org

24/7 hour care for adults 18+ for mental health crisis.

HAVEN HOUSE

111 North Walnut Street, CS/CO 80905

(719) 578-1181

A consumer run, drop-in center for people with mental health disabilities. Self-help programs include introduction to computers, art classes, Double Trouble recovery, social activities and support groups. Call to obtain events calendars. Collaborative Partner.

FRANCISCAN COMMUNITY COUNSELING, Inc.

<http://franciscancommunitycounseling.org/>

7665 Assisi Heights, CS/CO 80919

(719) 955-7008

We provide counseling and programs that promote emotional, mental, social, physical, and spiritual wellness, without discrimination for any reason and regardless of ability to pay. We accept most insurance. For those that are uninsured, we work on a sliding scale based on income and family size. Collaborative Partner

THE RESOURCE AVOCATE

5 West Las Vegas CS/CO 80903

(Springs rescue mission client services – Bld #1

(719) 210-2387 or 633-4601

For people with significant mental health & substance abuse disabilities between the ages of 18-64 who are uninsured or underinsured with a holistic approach to the total needs of the person. You may also contact The Independence Center for referral and intake.

HARBOR HOUSE COLLABORATIVE

1710 E Pikes Peak Suite 100 CS/CO 80909

(719)473-5557 Fax- 473-6442 email: info@harbirhouse.org

Harbor House Clinic provides multi-dimensional services to individuals and the general public in need of counseling, as well as, group counseling, community-based groups, outreach, and public education programs to minimize the harm that alcohol and drug use has on individuals, families, the community and society.

TESSA

(719) 633-1462 or Crisis Line (719)633-3819

Tessa a, not-for-profit agency that offers programs and services to victims of domestic violence and/or sexual assault. Tessa`s mission is to help women and their children achieve safety and well being while challenging communities to end sexual and family violence.

COLORADO ACCESS TO RECOVERY (ATR)

To schedule an assessment call: 1-(888) 227-3616/ (303) 953-4053

E-Mail: atr@omni.org

ATR is a federally funded initiative expanding access to substance abuse treatment and recovery support services to over 6,000 people over a three-year period. The Colorado Office of the Governor in Abuse Division(ADAD) have been awarded a three-year grant by the Center for Substance Abuse Treatment to expand existing treatment capacity, increase client choice of treatment provider, and enhance the participation of community and faith based originations in providing support for individuals with substance abuse problems. The initial service areas include the Metropolitan Denver area and El Paso and Teller Counties.

DBSA

Depression Bipolar Support Alliance

825 E. Pikes Peak Ave., Suite 301, CS/CO 80903

1-(800)279-4357/719-477-1515 help@dbcoloradosprings.org

Our Mission: "To Improve the Lives of People Living with Mood Disorders" Collaborative Partner.

DEAF RESOURCES

COLORADO SPRINGS SCHOOL FOR THE DEAF AND BLIND

33 N. Institute Street, CS/CO 80903

Phone: (719) 578-2100

www.CSDB.org

Families of children with sensory disabilities are always welcome to visit CSDB whether they are considering enrollment or not.

UNITED TTY SALES AND SERVICE

To E-mail UTSS Customer Service: help@unitedtty.com

To E-mail UTSS Repair Center: repairs@unitedtty.com

To E-mail UTSS Sales/Order Dept.: sales@unitedtty.com

Online showroom of products for the Deaf and Hard of Hearing.

ACCESS 2 SIGN LANGUAGE, Inc.

P.O Box 15433, CS/CO 80935

(719) 302-5869 V/TTY

(719) 476-0360 VP

Fax (719) 219-9483

2ServeU@MyA2ASL.com

www.mya2sl.com

Access 2 Sign Language is a full service interpreting agency that provides qualified and certified interpreters in a variety of settings. They also provide Cart Services and consulting on the ADA for Deaf and Hearing consumers. Services are provided for all of Colorado and all situations and are fully insured and available 24/7.

SIGN LANGUAGE NETWORK

P.O Box 25102

(719) 599-4517 V/TTY/VP

(719) 531-7841 FAX

(719) 474-7154 EMERGENCY PAGER

sln@signlanguagenetwork.com

Provides interpreting, Transliterating and Oral Interpreting in the following areas: Social Services, Computer & Technical, Medical, Mental Health, Private Business, Educational ~ all levels thru post-secondary, Judicial, Government Agencies, Religious, Theatrical & Performing Arts, Conventions, Job Interviews, and Training.(ASL) We have expanded our services to Denver, Pueblo, Widefield, Security, Fountain, Alamosa, Woodland Park, Vail, Aspen, Keystone, Peyton, Calhan, Sterling, Bennett, Strausburg, and other Colorado communities.

CENTER FOR HEARING, SPEECH & LANGUAGE

1329 N. Academy Blvd CS/CO 80909

(719) 597-3390 / www.chsl.org

Screening, diagnostic, therapeutic and rehabilitative services for children and adults with hearing, speech, language and/or learning disorders.

Sliding fee scale for testing, hearing aids repair of hearing aids and assistive devices.

H.E.A.R.S.

Hearing, Education & Assistance by Rocky Mountain Sertoma

2125 E. La Salle St. L-32, COS, CO 80909

TH 9:00am-12:00pm

(719) 352-5124 Cell Leave Message will return calls on Thursday

Hearing tests and Hearing aid assistance at no cost to paying in full on a sliding scale fee. There is a \$20 enrollment fee only after accepted in to the program. To fill out the application for this program please contact the Deaf & HOH Advocate at The Independence Center 719-471-8181

SERVICES FOR THE DEAF & Hard Of Hearing

The Independence Center
729 S. Tejon, CS/CO 80903
(719) 471-8181

This program provides advocacy services for anyone that has a hearing loss. We teach independent living skills and work through life's problems one on one. Communication services are provided through the use of ASL, Tactile Signing, Lip Reading, Amplification, Gestures, Writing Back and Forth, and or the use of an Interpreter. We have a public video phone and TTY available. To contact our Deaf & HOH advocate please call (719) 358-2513 on the Video Phone or for Voice/TTY please call (719) 471-8181 extension 121 or email the Advocate at angela@thecsic.com.

DENTAL SERVICE/EYE CARE/HEARING

MEDICAID

There are no dental benefits after 21 years of age, with the exception of extractions. Some local dentists will accept Medicaid assignments for extractions only. Contact CSIC for Medicaid dentists.

PEAK VISTA COMMUNITY HEALTH CENTERS, INC

Dental Health Clinic
2828 International Circle, #100, CS/CO 80910
(719) 475-0783 www.comhealth.com

Dental services are provided on a sliding scale fee according to household income. Your registration is required and please call for additional information. To enroll as a new patient call (719) 632-5700

DR. BASHI

6425 Wall Street, CS/CO 80918
(719) 528-8292

Medicaid approved for 20 and younger, cleaning, preventive and general dentistry. Over 20 emergency service and tooth extractions.

COLORADO FOUNDATION OF DENTISTRY FOR THE HANDICAPPED

1800 15th St. Ste# 100
Denver, CO.80202
(303) 534-5360
www.nfdh.org

They offer acute dental services only. Local, participating volunteer dentists donate these services free to low-income persons with disabilities. Call to find the nearest dentist to you.

FRIENDS OF MAN

(303) 798-2342 www.friendsofman.org

You must first be referred by an agency. Services are provided by local dentists for full dentures, funds eyeglasses, braces, medical and assistive devices. **MUST HAVE JOB HISTORY.**

COLORADO SPRINGS VA CLINIC

25 North Spruce, CS/CO 80905
(719) 327-5660 – (800) 278-3883

Eligible Veterans are provided with primary health care, mental health and dental treatment.

COLORADO SPRINGS DENTAL SOCIETY

1870 Dublin Blvd, #C CS/CO 598-5161

Referrals and information about dental services. Complaints against dentists.

LOW VISION SERVICES OF SOUTHERN COLORADO

5614 N.Union Blvd. CS/CO 80918

(719) 471-3200

Low vision evaluations. Thomas Thuene, OD

RENEWED VISION EYEGLASS CLINIC

2125 E. LaSalle, CS/CO 80909

(719) 227-0435

Free eye exams and glasses that are donated. No ID required, no appointment made. First and third Saturdays of each month at 8:30am – 12:00pm. First and third Thursdays, 5:30 pm – 8:30 pm. All are welcome.

PEAK VISTA/SECOND SITE

5636 N. Union Blvd CS/CO, 80918

(719) 344-7106 enroll (719) 329-7100

www.peakvista.org

In home services, training, support groups for people with progressive or irreversible eye disease, resulting in low vision or blindness that want to maintain their independence and quality of life.

DEVELOPMENTALLY DISABLED

THE RESOURCE EXCHANGE

418 South Weber, CS/CO 80903

125 Parkside, CSC 80909

(719) 380-1100

www.tre.org

TRE's core functions as the Community Centered Board for El Paso, Park and Teller counties in Colorado. They administer Medicaid Waivers for children and adults with developmental disabilities. These Medicaid Waivers include Children's extensive Support Waiver birth -17 years (HCBS-CES), Supported Living Services age 18 and older (HCBS-SLS), Developmentally Disables Waiver age 18 and older to live outside the family home(HCBS-DD).

Their mission is to build independence for people with developmental disabilities. TRE offers a number of program options for people with developmental disabilities and their families, including residential, Family Support Living, Vocational, Transportation, case management and early intervention.

THE ARC OF THE PIKES PEAK REGION

12 N. Meade Ave. CS/CO 80909

(719) 471-4800

A community promoting increased independence, positive relationships, opportunities, and inclusion for people with mental retardation and related developmental disabilities.

FAMILY CONNECTION NETWORK

(719) 471-4800 Ext. 198

Email fcn@thearcppr.org

Serves all individuals with developmental disabilities and their families by sharing resource information and empowering families through networking.

COMMUNITY OUTREACH, INC.

805 S. Tejon, CS/CO 80903

(719) 578-1227 Phone

(719) 578-1322 FAX

Community Outreach, Inc. is an organization committed to supporting people with developmental disabilities living and working in the Pikes Peak Region. Individualized services to transition students, Host Home Providers, independent living, community services, employment services and supported living services.

COMMUNITY INTERSECTIONS

4575 Galley Rd. Suite #400, CS/CO 80915

(719) 574-6101

www.commonworks.net

Services are provided in a variety of arenas, including residential, employment, community participation and supported living. Community intersection has specialized in working with people with developmental disabilities that exhibit behavioral challenges.

CARMEL COMMUNITY LIVING CORP.

2860 S. Circle, CS/CO 80910

(719) 477-9972

www.carmelcorp.com

Carmel Community living corporation provides residential, day program, vocational, supported living and children's extensive services to people with developmental and other disabilities all along the front range of Colorado.

PIKES PEAK FAMILY CONNECTIONS

2220 East Bijou Street, Ste 2E, CS/CO 80909-8001

(719) 520-1019

Pikes Peak Family Connections offers parent education and support for families with children of all ages. PPFC hosts the Nurturing Parenting Program for Families with Children Ages 0-5 and Children Ages 4-12 (16-week programs), the Nurturing Program for Families with Adolescents (15-week program), and the Nurturing Program for Teen Parents (18-week program). The Nurturing Programs for Families are validated, curriculum-based parenting skills programs.

DEVELOPMENTALY DISABILITIES HEALTH CENTER

2505 E.Pikes Peak CS/CO 80909

(719) 632-5700

Accept patients on Medicare and Medicare, CHP+. CACP and some private insurance. A sliding scale for people without insurance.

DISABILITY BENEFITS

AID TO THE NEEDY DISABLED (AND) – El Paso Department of Human Services

1675 Garden of Gods, CS/CO 80907

(719) 636-0000

Provides a state assistance payment once a month for disabled individuals who have no income (\$ 200 OR LESS & SNAP). Services require a doctor's certification and application for permanent disability through Social Security. Social Services issue a voucher for payment of a medical exam. You cannot have cash resources more than \$2,000 for individuals or \$3,000 for couples, excluding your primary residence and personal vehicle. Food stamps are also provided.

SUPPLEMENTAL SECURITY INCOME (SSI)

Social Security Office

1049 North Academy Blvd., CS/CO 80909

(800) 772-1213; www.socialsecurity.gov

A need-based program for people with disabilities who are unable to work or whose income is below the state level of need. There is a maximum monthly payment for individuals (\$674) and for married couples (\$1,011) that is adjusted annually. The resource limit is \$2,000 for individuals and \$3,000 for married couples, excluding primary residence and personal vehicle. Full Medicaid entitlements are available.

OLD AGE PENSION (OAP)

Department of Human Services

1675 Garden of Gods, CS/CO 80907

(719) 444-8060

Starting at age sixty (60), if your income is below \$648 per month, you can apply for OAP. Limited Medicaid benefits are available.

SOCIAL SECURITY DISABILITY INCOME (SSDI)

Social Security Office

1049 North Academy Blvd., CS/CO 80909

(888) 880-2426

www.socialsecurity.gov

SSDI is a Social Security benefit program for disabled workers under the age of sixty-five (65). The monthly benefit is determined by employment history and past earnings. Medicare eligibility is available after two years.

MEDICAID

Department of Human Services

1675 Garden of Gods, CS/CO 80907

(719) 636-0000 or (719) 444-8060

A state and federal medical program provided for certain disabled and elderly persons. Medicaid covers most medical expenses including equipment, supplies, and prescriptions. Small co-payments may apply. For complaints about Medicaid, managed care contact Ombudsman, 1-(877) 435-7123 / TTY-1-(888)867-8864 – email: help123@maximus.com

MEDICARE

Social Security Office

1049 North Academy Blvd., CS/CO 80909

(719) 638-7403, or (800) 633-4227; www.medicare.gov / TTY-1-(877)486-2048

Part A – Hospital Insurance, usually paid through payroll taxes. Part B – Medical Insurance, pay a monthly premium of \$96.40 for 2010. Deductibles do apply check with Medicare for amounts and other services for 2010. 2010 New Medicare recipients premium \$105.10.

Prescription Drug Program call 1-800-486-2048 or visit their website. Extra help is provided for individuals with income below \$15,600 with resources below \$11,990 and couples with income below \$21,000 and resources below \$23,970. 2008 income amounts. Contact Social Security for the extra help at 1-800-772-1213

MEDICARE SAVINGS PROGRAM

1675 Garden of Gods, CS/CO 80907

(719) 444-8060

If you are on Medicare Part A you may be eligible for one of the programs that help pay for Medicare Part B premium.

If you are eligible for SSI and are entitled to Medicare you may be eligible for payment of your Medicare Part A premium, Medicare Part B, and any Medicare coinsurance and deductibles.

You may be eligible with monthly income less than \$1,213 for an individual or \$1,639 for a couple. Your assets will need to be below \$8,100 for an individual or \$12,910 for a couple.

DISABLED PARKING PLACARDS

Applications for disability parking privileges are available at The Independence Center, or The Division of Motor Vehicles (DMV) a doctor's signature is required. A driver's license or State ID is required before the DMV can issue the placard. Permanent license plates may also be acquired with the regular license fee. You may call DMV, at (719) 520-6240 for office locations.

Street disability parking signs are at the City Traffic Engineering Department, (719) 385-5908.

DISABILITY RIGHTS

AMERICANS WITH DISABILITIES ACT – ADA 1990

www.ada.gov

www.ADAportal.org

A federal civil rights law based on the 1984 Civil Rights Act. It affords protection against discrimination based on disability in employment, public services, accommodations, telecommunications, and accessible transportation. This act requires employers to make reasonable accommodations to the known physical or mental limitations of a qualified applicant or employee, unless such action would impose undue hardship on the employer. It provides for effective communication for people with vision, hearing, or speech impairments, and became effective July 1992.

ADA Information Line:

www.adainformation.org

DBTAC Rocky Mountain ADA Center: (800) 949-4232, or (719) 444-0268

To get general ADA information, answers to technical questions, order free materials, or ask questions about filing a complaint.

FAIR HOUSING AMENDMENT ACT – 1988

This act amends the Fair Housing Act of 1968 to include persons with disabilities. Disabled persons must be allowed to buy or rent wherever they choose. Landlords cannot prohibit necessary modifications for accessibility and all new construction must follow requirements for access. Landlords are required to make reasonable accommodations with assistance in completion of paperwork. They also must allow for working and companion animals as determined necessary by a physician. It provides for reserved/accessible parking, communication support, and tenant obligation reminders. Further, it provides for any reasonable accommodation that will help in following the requirements of the lease, as long as it does not change the basic nature of the housing program, cost too much, or cause an excess of work. The disabled person will need proof, in writing, showing the accommodation will help them follow the terms of the lease. <http://www.usdoj.gov/crt/housing/title8.php>

http://www.dlrp.org/html/guide_to/fha.html

<http://www.hud.gov/offices/fheo/FHLaws/yourrights.cfm>

AIR CARRIER ACCESS ACT – 1986

This act prevents commercial airlines from discriminating against persons with disabilities directly or through contractual arrangements. Airlines cannot exclude travelers with disabilities from any available services, and airport terminals must be fully accessible.

http://www.disabilitytravel.com/airlines/air_carrier_act.htm

http://www.dlrp.org/html/guide_to/aca.html

REHABILITATION ACT SECTION 503 & 504 (1973) Title V of the Act prohibits discrimination by any federal program that receives federal funding against any person with a disability. This applies to employment, buildings and services.

<http://www.elinonet.com/504sum.php>

<http://www.dol.gov/esa/ofccp/regs/compliance/fs503.htm>

<http://www.dol.gov/compliance/laws/comp-rehab.htm>

VOTING: ACCESSIBILITY FOR THE ELDERLY AND HANDICAPPED – 1984

According to the law, election officials must make the election process accessible to voters with disabilities. This includes voter registration and polling sites.

http://www.empowermentzone.com/acc_vote.txt

<http://www.familyvillage.wisc.edu/legal/voter-access.html>

I.D.E.A. – INDIVIDUAL DISABILITIES EDUCATION ACT – 1975

They mandate that children with disabilities receive a free and appropriate education in the least restrictive environment possible. It legislates mainstreaming of children with disabilities in public schools.

OCR – Office of Civil Rights – 1-800-437-0833

OSEP – Office of Special Education – (202)205-5465

Colorado Department of Education – 303-866-6694 – www.cde.state.co.us

DRIVERS EVALUATIONS

DRIVER SAFETY CONSULTANTS INC.

3515 N. Carefree Circle CS/CO 80917
(719) 277-0001

www.driversafetyconsultants.com

Behind the wheel training, testing and evaluations for people with disabilities.

CRAIG HOSPITAL

3525 South Clarkson Street
Englewood, CO 80110
(303) 789-8000

We offer an outpatient driving program. We will training and evaluation behind the wheel, including the use of hand controls, driving adaptations and compensatory driving skills. Pre-drive evaluations for persons with visual and cognitive disabilities are also available.

MASTERDRIVE

3280 E. Woodmen Road #100 CS/CO 80920
(719) 260-0999

www.masterdrive.com

We teach basic car control skills through techniques to increase the interaction of the brain and the visual system. The program is open to teach or re-teach first-time drivers. People with head injuries, strokes, and developmental disabilities have had success in the program. Call for more information.

EDUCATION

COLORADO VOCATIONAL REHABILITATION SERVICES

1675 Garden of the Gods, CS/CO 80907
(719) 635-3585, or TDD (719) 635-0529

May provide educational referrals and payment for persons with disabilities.

COLORADO TALKING BOOK LIBRARY

(800) 685-2136
180 Sheridan Blvd. Denver, CO 80226

www.cde.state.co.us/ctbl Braille and recorded books and magazines on wide variety of subjects for all age and reading levels, free of charge.

Braille and recorded books and magazines on wide variety of subjects for all age and reading levels, free of charge.

CLE – COLLEGE LIVING EXPERIENCE

(800)486-5058 - www.cleinc.net

CLE, puts College and Independence within reach. For students experiencing learning disabilities. ADD/ADHD

EMERGENCY ASSISTANCE

BILLY SPEILMAN CENTER/ WESTSIDE COMMUNITY CENTER

1616 W. Bijou St. CS/CO 80904

(719) 385-7930

<http://www.ppcaa.org/about1.html>

Mon – Fri: 8:00AM to 11:00 AM and 12:30 PM to 4:00 PM

Care and Share referral emergency food pantry. Food and prescriptions available for areas **west of I-25 only** (80904, 05, 06, 19 and 29). Utilities support for everyone. By appointment only.

CROSSFIRE MISSION THRIFT STORE

2120 E. LaSalle, CS/CO 80909

(719) 447-1806

They provide food assistance, clothing, toiletries, and household/linen items. You must provide picture ID and social security card. Service hours Tuesday – Wednesday - Thursdays 10:00am – 4:00pm. Bring your own boxes and bags to carry pantry items.

ESM – ECUMENICAL SOCIAL MINISTRIES

201 North Weber, CS/CO 80903

(719) 636-1916

www.ecu.socmin.org

Direct services include food, clothing vouchers, prescription medications, birth certificates, rent and utility assistance to prevent homelessness, budget counseling, credit checks and job assistance program. Opened Mondays-Friday/9am-11:30am/12:30pm-2:30pm. Tuesday evenings 5-7pm (rent and utilities appointments only)

NORTHERN CHURCHES CARE

4210 Austin Bluffs Parkway, CS/CO 80918

(719) 277-7470

Emergency intervention, rent, utility bill and food assistance, for low-income individuals available Monday, 4:00-7:00pm, Wednesday through Friday, 9:00am to Noon, and Thursday, 9am-12pm and Friday 9am-12pm. Call for additional information.

PIKES PEAK COMMUNITY ACTION AGENCY (Administration)

14 W. Bijou St, CS/CO 80903

(719) 633-8994

www.ppcaa.org

Billie Spielman Direct Services 344-8994

Norvell Simpson –Case Management 385-7910

We provide emergency intervention and direct assistance to low-income individuals. Transitions families and individuals to an independent lifestyle and offers services in areas such as education, job training, childcare, transportation, housing and utilities, developmental accounts program, and matched savings accounts to pay for housing, education and business. PPCAA has also joined Fountain Utilities to lighten the load. Call for additional information.

SALVATION ARMY

910 Yuma Street, CSC 80909

(719) 636-3891

901 Santa Fe, Fountain, CO

(719) 382-1182

We provide emergency intervention and direct assistance to low-income individuals pursuant to funding availability. Housing programs for single mothers, single men and seniors, and alcohol rehabilitation are also available.

SPRINGS RESCUE MISSION (Springs City Mission)

5 West Las Vegas, CS/CO 80903

(719) 632-1822

Client services include immediate food assistance, clothing, household goods, and furniture. The Mission serves dinner Monday through Saturday at 5:00pm, and also provides emergency shelter in the guest motel. A drug and alcohol residential rehabilitation program for men is also available.

WESTSIDE CARES (Westside residents only)

1930 West Colorado Avenue, CS/CO 80904

(719) 389-0759

They provide assistance to area west of I-25 (They help with, rent, utility bill, food assistance for low-income individuals. Monday thru Thursdays from 9:30am -12:30pm and Thursday evenings 4:30 - 6:30pm

WALT FORTMAN COMMUNITY CENTER

501 E. Iowa St. Fountain, CO 80817

(719) 382-8515

Emergency services to low income disabled in Fountain Valley area. Will help with food, rent, utilities, m-Thurs 9:30-12:30 pm – Thurs 4:30-6:30 pm

EMPLOYMENT**THE INDEPENDENCE CENTER**

729 S. Tejon, CS/CO 80903

(719) 471-8181

Provides vocational assessment, employment readiness, skilled training, job placement and job support for people with diverse disabilities. We have community partners and employers that we collaborate with to provide and empower people for greater Independence through Employment. We also partner with the Division of Vocational Rehabilitation in a Customer Service Training program. Consumers can also be trained in reception, call center and retail skills for job placement. Our Home Health Care also provides personal care provider training.

DIVISION OF VOCATIONAL REHABILITATION SERVICES

1365 Garden of Gods Rd. Suite 250
Colorado Springs, CO 80907
(719) 635-3585, or TDD 635-0529

A state and federal program for people with disabilities who desire to enhance skills necessary for employment. Vocational services include: evaluations for supported employment, counseling, physical/mental restoration, job coaching, on the job training, job seeking skills, occupational tools, licenses and equipment, rehabilitation technology, job placement educational training, and post-employment services. Call for an appointment.

AARP

1510 N. Hancock, CS/CO. 80903
(719) 635-3579

Foundation/Senior Community Service Employment program, Work 18 hours per week with paid training at minimum wage with a non-profit host agency until development of suitable job skills to secure unsubsidized employment. Eligibility: low income, 55 or over. Call for more information.

DIVERSIFIED VETERANS CORPORATE CENTER

2315 North Weber, CS/CO 80907
(719) 630-2220

Hires and trains disabled veterans.

PIKES PEAK WORKFORCE CENTER

2306 East Pikes Peak, CS/CO 80909
(719) 667-3790, or website: www.ppwfc.org

Provides job placement, training, and counseling for all eligible workers at no fee.

GOODWILL CAREER DEVELOPMENT CENTER

17 North Spruce, CS/CO 80903
(719) 444-5000

Provides assistance with job information and adult education to qualified individuals. Call for more information.

EMPLOYMENT FIRST

(Goodwill Services)

25 N. Spruce St., Suite 201, CS/CO 80903
719-444-5000 for employment information

For recipients of SNAP (Supplemental Nutrition Assistance Program) and **TANF** (*Temporary Assistance for Needy Families*) mandatory job searches. *Helps with day care, clothing, transportation, job leads, and training.*

EASC (Employment Alliance of Southern Colorado)

729 S. Tejon CS/CO 80903
For more information (719) 471-8181
Fax (719) 471-9322

As an Alliance of many members, we are able to match different types of employers with various qualified employees from the Untapped Workforce; People with Disabilities. To create a successful

service for employers, we will work with them to understand their hiring needs and what is most valuable to them in an employee. We are helping employers simplify their employment process by saving them the expense of advertising, time interviewing many unqualified applicants, and we also follow up with them after our successful candidate has been hired to ensure everyone's satisfaction. We also let employers know about other benefits they can have by informing them about the Positive tax Advantages and that we only refer qualified applicants that are more suited for the available job.

JOB ACCOMMODATION NETWORK

(800) 526-7234

(TTY) 1-877-781-9403

<http://www.jan.wvu.edu/index.htm> www.eeoc.gov

JAN's mission is to facilitate the employment and retention of workers with disabilities by providing employers, employment providers, people with disabilities, their family members and other interested parties with information on job accommodations, entrepreneurship, and related subjects. Provides technical assistance related to workplace accommodations. Consultants access a database that offers strategies and products proven to be effective in the workplace.

Equal Employment Opportunity Commission ADA Title I Discrimination Complaints – (800) 669-4000

WOMEN'S RESOURCE AGENCY, INC.

750 Citadel Drive East, Ste. 3116, CS/CO, 80909

Phone: (719) 471-3170

reception@wrainc.org

Our mission is to help women attain and maintain self-sufficiency, Monday thru Fridays 9am – 5pm.. We do this through individual counseling, classes, groups, a school program and more.

Our individualized services are designed to help women identify and expand on their existing knowledge, talents, skills, and strengths usually with an end of economic independence.

ENERGY ASSISTANCE

L.E.A.P. – LOW ENERGY ASSISTANCE PROGRAM

Department of Human Services

1675 Garden of Gods, CS/CO 80907

(719) 442-0007 (866) 432-8435

1-866-432-8435 <http://www.cdhs.state.co.us/leap/>

A state subsidized program to provide assistance with winter heating costs for low-income households.

LEAP is a mail-in program and [county LEAP offices](#) do not require or encourage a personal interview even if your utilities are already disconnected or about to be disconnected.

LEAP is a federally funded program administered by the Colorado Department of Human Services and is designed to **assist** with your winter heating costs. The LEAP Program eligibility period runs from

November 1st through April 30th.

LEAP is not intended to pay the entire cost of home heating. If you are applying for LEAP assistance you should continue to pay your home heating bill.

Also, Project COPE; For a referral to a Project COPE agency near you, call 2-1-1 or 448-4800. To be eligible for Project COPE assistance, you: Must be a Colorado Springs Utilities customer; and have received a Colorado Springs Utilities disconnect notice; and be experiencing an emergency situation; and first apply for Low-income Energy Assistance Program (LEAP) assistance. If LEAP assistance is

no longer available, or if you do not qualify for LEAP, you may apply for Project COPE assistance. Eligible customers may receive one-time Project COPE assistance annually through grants not to exceed \$500.00.

ENERGY RESOURCE CENTER

5920 Paonia Court, CS/CO 80915
(719) 591-0772

A *United Way* agency that assists low-income tenants and property owners Monday thru Fridays 7:30 – 4:00pm. Will perform audits to ensure energy efficiency and provide weatherization, insulation, and furnace services at no cost to qualified applicants if they are on Leap.

UTILITY EMERGENCY SERVICES

(719) 448-4800
Gas, Electric, Water, Wastewater:
Call this agency if your pilot light goes out, for electrical outages, or water breaks.

EQUIPMENT

SILVER KEY

2250 Bott Avenue, CS/CO 80904
(719) 632-1521
www.silverkey.org

Loans medical equipment to individuals over the age of 60 subject to availability.

SENIOR WHEELS USA

(800) 246-6010
www.seniorwheelsusa.com

Provides electric wheelchairs to seniors and disabled individuals at no cost to those who qualify. If you have minimum Medicare Part B coverage and have any of the following medical diagnoses or any other condition that **prohibits you from walking unassisted in the home and self-propelling a manual wheelchair in the home**.

FOOD AND NUTRITION

Pantry lists available at the Independence center reception desk.

(SNAP)

El Paso County Department of Human Services

Supplemental Nutrition Assistance Program
17 North Spruce, CS/CO 80905
(719) 636-0000, 444-5340
Sand Creek Family Services, 1655 S. Murray Blvd. 667-2779
www.dhs.elpasoco.com

A federal program to assist low-income households, with the use of a *Quest* card in place of cash to purchase groceries. The amount of money received depends on the number of people in the household and the total family income after deductions. Apply in person. Starting April 2009, extra benefits will be added to EBT card.

SHARE COLORADO

(303) 428-0400 or (800) 933-7427

<http://www.sharecolorado.com/>

The goal of SHARE is to help families save about 50% on their groceries, while encouraging the building of relationships with their neighbors in the community. There are no qualifications...if you eat, you qualify. Any one from the affluent to those with struggling budgets can participate in SHARE. You see, even those who can afford to spend more for food are being good stewards with their money by simply being more frugal.

14 locations in the Colorado Springs area.

SILVER KEY

2250 Bott Avenue, CS/CO 80904

(719) 632-1521

www.silverkey.org

Provides *Meals on Wheels* program for individuals over the age of 60 and others with disabilities upon approval from the administration.

Equipment Section:Loans medical equipment to individuals 60 and over; subject to availability

MARION HOUSE Soup Kitchen

14 W. Bijou St, CS/CO 80903

(719) 475.7314

Fax: (719) 633.0289

<http://ccharitiescs.org/>

Open 365 of the year

Our doors are open Monday through Saturday, 10:30 a.m. to 1 p.m.; and Sundays, 8:45 a.m. to 10 a.m.

Guests include struggling families, seniors on a fixed income, the working poor, veterans, people with disabilities, unsupported teens, and those who are homeless. Only about a third of our guests are homeless.

SPRINGS RESCUE MISSION

5 W. Las Vegas St. CS/CO. 80903

(719) 632-1822

info@mysrm.org

This one-year residential recovery program serves men suffering from chronic alcoholism, drug addiction or those having difficulty functioning in society due to a lack of life skills.

Springs Rescue Mission provides hot nutritious meals to the homeless and hungry, a monthly food box program for poor families, and a Culinary Arts +vocational training program.

KING SOOPERS HOMESHOP

(800) 677-5464

<http://peach.kroger.com/sf/servlet/storefront>

Deliver to your home for a fee. A minimum order of \$50 can order on-line or the call center. Standard delivery fee \$9.95 and Call Center fee \$9.95. Hours are Mon. – Fri. 7 a.m. to 7 p.m., next day delivery.

Call Friday for Sat. or Sun. delivery. Use Sooper Card to get Sale prices and will honor coupons.

Store T 3570 Hartsel Dr., 80920,does the delivering for Colorado Springs.

SAFeway HOME SHOPPING

Go to: http://www.safeway.com/IFL/Grocery/Contact-Delivery#iframe_top

Register on this site

Shopping online only.

ANGEL FOOD MINISTRIES

6540 Templeton Gap Rd. CS/CO 80923

(719) 380-1822

Once a month distribution of food at a low cost of \$30. Which includes a variety of meats, vegetables, potatoes, fruit, cereal and more. Add on packages are also available. They accept EBT, cash or checks.

To place an order online go to:

www.churchforallnations.com or call phone number listed. Office hours Tuesday-Fridays 8:30 am-Fridays 4:00 pm.

PROJECT ANGEL HEART

P.O Box 7597, CS/CO

(800) 381-5612

Meals with Love for all ages with HIV/AIDS, cancer and other life threatening illnesses, including life threatening Disabilities in Denver and Colorado Springs.

Meals For 7 days a week – delivered once a week/and up to 3 meals a day, depending on clients illness.

FINANCIAL SERVICES

CONSUMER CREDIT COUNSELING SERVICES

5265 N. Academy Blvd, Suite 1000, CS/CO 80918

(719) 598-2227

1233 Lake Plaza Dr. Suite A, CS/CO 80906

(719) 576-0909

(800) 798-3328

Financial counseling, Bankruptcy, Debt Management, Credit Report reviews

HOME CARE/ATTENDANT SERVICES

INDEPENDENCE HOME CARE SERVICES

729 S. Tejon, CS/CO 80903

(719) 471-8181

IHCS is a certified Home Health Agency offering skilled and unskilled consumer-directed care. Medicare, Medicaid and private pay approved. In Home Support Services now available for individuals with HCBS-EBD Medicaid Waivers Call for additional information or visit our website at www.csicindliving.org. Please call for more information regarding In Home Support Services (IHSS) and Consumer Directed Attendant Services (CDAS).

ROCKY MOUNTAIN HEALTH CARE - OPTIONS FOR LONG TERM CARE HCBS-HOME AND COMMUNITY BASED SERVICES

Rocky Mountain Health Care Services
2812 East Bijou St. CS/CO 80909
(719) 457-0660
Fax (719) 457-0762

A number of different programs are available through Medicaid to provide in-home supportive services as an alternative to institutionalization. Through the HCBS programs some of the services that can be authorized are homemaking, personal care (either through a home care agency or a self-directed option), home modifications, emergency response monitors, etc. Respite care in a nursing home or assisted living is available for up to 30 days per year. To qualify for an HCBS program both functional and financial eligibility requirements must be met. Monthly individual income cannot exceed \$2,022 and the resource limit is \$2,000 for individuals, excluding home (if primary residence) and vehicle. If married, spousal income is not included. This is the local Single Entry Point agency that case manages many of the HCBS programs for disabled adults in El Paso and Teller County.

Rocky Mountain PACE

2335 Robinson Street, CS/CO 80904
(719) 314-2327

www.rockymountainhealth.org

All inclusive care for the elderly from age 55 – financial qualifications - Monthly individual income cannot exceed \$2,022 and the resource limit is \$2,000 for individuals, excluding home (if primary residence) and vehicle. Provides home health care, door-to-door transportation, adult day care , prescription drugs, respite care, case management.

NURSE AID TRAINING PROGRAMS

ACADEMY OF MEDICAL & HEALTH SCIENCE

9411 Setting Moon Ct, CS.CO 80925
(719) 392-3527

BEO NURSE AID TRAINING PROGRAM

1442 Hancock Ave, CS/CO 80903
(719) 385-0200

FRONT RANGE NURSE AIDE TRAINING PROGRAM

3021 Hancock, #030, CS/CO 80907
(719) 648-1020

PIKES PEAK COMMUNITY COLLEGE

11195 HWY 83, CS/CO 80919
(719) 502-3339

HOUSING

FAIR HOUSING COMPLAINTS – call (800) 669-9777, or e-mail at www.hud.gov/complaints/endex.

THE INDEPENDENCE CENTER

729 S. Tejon, CS/CO 80903

(719) 471-8181

Provides information and referral. Maintains a database of transitional, affordable and Senior and Subsidized housing for people with disabilities. Provider agency for the State Supportive Housing and Homeless Program. Also a referral agency for CS housing programs.

PUBLIC HOUSING/SECTION 8

Colorado Springs Housing Authority

831 S. Nevada, CS/CO 80903

(719) 387-6700

A federally subsidized program for low-income households. You may elect to obtain a Section 8 certificate or housing voucher for rent payment in the private market. Disabled individuals should also apply for Public and Senior housing, Section 8 certificate and accessible housing if needed. There is no preference for housing. Applicants are put on a waiting list by day and time of application for all programs. You must meet low-income guidelines. Apply, in person, Monday through Friday, 7:30am to 3:30pm. (waiting list for section 8, closed at this time)

URBAN REDEVELOPMENT DIVISION

ARCHITECTURAL BARRIER REMOVAL PROGRAM

P.O. Box 1575 Mail Code 1541

107 N. Nevada Ave. Suite 100, CS/CO 80903

(719) 385-5912

housingdevelopment@springsgov.com

Provides modifications to dwelling units for low-income households within the city limits to reduce architectural barriers. Modifications can include ramps, widening doorways, bathroom grab bars, and signalers for the deaf. There is no charge to qualified applicants. Assists low-income homeowners with emergency housing repairs that are hazardous to health and safety, and also provides affordable loans for housing rehabilitation. Call for application.

EMERGENCY HOUSING REPAIR

(719) 385-9512

P.O. Box 1575 Mail Code 1541

107 N. Nevada Ave. Suite 100, CS/CO 80903

Assists low-income homeowner occupants with emergency housing repairs that are hazardous to the health, safety, or welfare of occupants. Also provides affordable loans for housing rehabilitation.

CITY OF COLORADO SPRINGS

702-704 East Boulder Street, CS/CO 80903

Office Number: (719) 385-5912

Fax: (719) 447-9579

Hearing Impaired Device: (719) 385-5499

E-Mail: Mburnett@springsgov.com

Our Mission is to provide oversight and administration of federal and local programs through the development of partnerships, preservation of neighborhoods, affordable housing development and preservation, and stimulating economic revitalization. Programs available: Capital Improvements, Affordable Housing, Housing Rehabilitation, Human Service Funding, and Homeless Program.

GRECCIO HOUSING

1808 West Colorado, CS/CO 80904

(719) 475-1422 FAX 719-578-0030

Provides quality housing at affordable rents. Applications are taken Monday through Friday, 8:30 am to 4:30pm. They also handle Plaza on the Platte. Colorado Springs Independence Center provides referrals.

COLORADO PROPERTY TAX, HEAT, AND RENT REBATE

Colorado Department of Revenue

www.myincometax.state.co.us

A state rebate program for residences of Colorado who are disabled or over 65 years of age. You must be a resident for at least one year. To qualify, your income must be less than \$12,133 per year, for single individuals, or \$15,913 per couple. Applications are available at the public libraries, Department of Revenue and Independence Center.

HOUSING FIRST PIKES PEAK

729 S. Tejon, CS/CO 80903

(719)964-8202

Housing First places chronically homeless individuals with mental illness and substance abuse problems in HUD subsidized housing, and provide intensive case management. Clients are placed in apartments accepting Shelter Plus and sign a one year lease with private landlord while working on their mental health issues and recovery.

HOUSING-TRANSITIONAL

NEW HOPE CENTER/SHELTER

709 South Sierra Madre, CS/CO 80903

(719) 578-9190 Fax (719) 578-5496

They provide shelter for men, women and families. Provides morning and evening meals. The shelter is wheelchair accessible but the person must be able to care for daily living activities.

INTERFAITH HOSPITALITY

519 North Tejon, CS/CO 80903

(719) 329-1244

www.ihn-cos.org

Provides housing for homeless families at different sites in Colorado Springs.

ITHICA LAND TRUST

Housing for the homeless with a waiting list.
Apply at 411 W. Bijou, CS/CO 80903 (719) 578-1629

FAMILY LIFE SERVICES

1880 S. Cascade, CS/CO 80905
(719) 632-4661
2 year self-sufficiency program for 9 single mothers and children

SALVATION ARMY

908 Yuma St. CS/CO 80909
(719) 636.3891

www.salvationarmy.org

The Salvation Army's Transitional Family Housing Programs provide a stimulating and safe refuge for all kinds of people. In a loving and supportive environment, residents are given the tools and encouragement to get back on their feet and lead productive and fulfilling lives.

PARTNERS IN HOUSING

455 Gold Pass Heights, CS/CO 80906
(Off Hwy 115/S. Nevada, just south of Lake Ave.)
(719) 473-8890

www.partnersinhousing.org

Assists homeless families with children to become self-sufficient in two years. Provides stable housing and supportive casework services 8:30am – 4:30pm

COLORADO HOUSE

21 S. Wahsatch, CS/CO 80903
(719) 325-0100
Families and individual homeless transition program with PIH.

MOUNTAIN COMMUNITY LAND TRUST

1212 West Colorado, CS/CO.80904
(719) 447-9300

A local non-profit organization that provides affordable housing opportunities for low income families. We do this through homeownership with families. In collaboration with other Non-profits we also provide transitional housing for homeless families and affordable rental for low income families. We have information sessions twice a month. Please call for upcoming dates.

HOMELESS VETERANS

25 N. Spruce, CS/CO 80915
Contact Homeless Outreach at (719) 327-5697 or 667-5588

ALCOHOL/DRUG REHAB AND TRANSITIONAL HOUSING

Males contact Springs City Mission at 632-1822, or Pine House at 634-6893 or 877-634-6893, Wasatch House 477-1455; Women contact Platte House at 520-1732 or Promise Place 633-2314 or 877-633-

2314.Full Circle Alternatives at 520-1972; also homeless females released from jail, prison or need a detox program.

URBAN PEAK COLORADO SPRINGS

423 E Cucharras St, CS/CO

(719) 630-3223

shelter for all **HOMLESS YOUTHS** (ages 15-21),

IDENTIFICATION PROCEDURE

AID TO NEEDY DISABLED (AND)

Identification usually required for AND (forms will be issued to be filled out by a M.D. or D.O. of your choice to establish that you are disabled and will continue to be disabled for 6-12 months). You will also be required to provide a picture ID or birth certificate and your Social Security card. Verification of bank accounts or assets is also required.

HOUSING AUTHORITY

_This list is based on the date and time of your application. It is very important to keep the Housing Authority notified of any change of address. If you do not respond, you will be taken off the list and be required to re-apply.

When you have been notified, you will need to provide the following information:

- Picture ID
- Birth Certificate
- Social Security card (see below)
- 2 years of landlord references

A credit and background check will be done.

HOW TO OBTIAN IDENTIFICATION

Birth Certificate: A fee is usually required in order to obtain a copy of your birth certificate. *Ecumenical Social Ministries* or *Marion House* can assist you in ordering your birth certificate via computer. We can also provide a list of state vital records and assist at The Independence Center. Name, date and place of birth, and parents' names are usually required to order a copy of your birth certificate.

Social Security Card: You can apply at the Social Security office at Academy and Galley. If you need an original card you will need proof of age, identity and U.S. citizenship or lawful alien status.

If you need a duplicate card, you must show proof of identity. They will accept a driver's license, employer ID, passport, marriage or divorce record, adoption record, health insurance card (not Medicare card), military records, insurance policy or school ID card. Photocopies or notarized copies are not acceptable.

If applying for a card on behalf of someone else, they must see proof of identity for both you and the person to whom the card is issued. They do not accept birth or hospital birth records, Social Security stub card or record.

Colorado Picture ID: Can be acquired at the Department of Motor Vehicles. There are two required forms of proof of identification: proof of age – such as a birth certificate, passport, military ID, resident alien card or U.S. state issued photo or drivers license ID, and proof of name, if your name is different from the one on the document presented for proof of age. A marriage or divorce certificate will be accepted, as will a court order of a name change or state issued drivers license or ID.

INDEPENDENT LIVING SERVICES

THE INDEPENDENCE CENTER

729 S. Tejon CS/CO 80903

(719) 471-8181

A non-profit, consumer controlled and state certified center for independent living. There are over 400 centers across the country providing support and services to individuals with all types of disabilities. Core services include: information and referral, independent living skills training, peer counseling and advocacy. We also have a new program to assist with employment and a housing referrals.

Independent Living Classes

- **Home Management and Cooking Classes**
 - ✓ Getting your own apartment
 - ✓ Organizing finances
 - ✓ Menu planning, nutrition, grocery shopping
 - ✓ Personal safety
 - ✓ Using recipes and cooking
 - ✓ House cleaning and laundry
- **Person Centered Learning** (1 hour sessions)
 - ✓ Math, Reading, Communication and Interpersonal Skills
 - ✓ Specific learning goals determined by the consumer through an assessment. It might be a goal to learn how to count money, make change, use a calculator, learn how to read certain words at work, how to use a calendar, learn how to get your point across. Whatever you want to learn we will work with you to develop a plan.
- **Money Management** (1.5 hour sessions for 12 weeks)
 - ✓ Check writing and balancing a checkbook
 - ✓ Using a register and reconciling a bank statement
 - ✓ Paying bills and tracking spending
 - ✓ Developing a personal budget
- **Employment Services** – Are you Ready To Work? (1.0 hour sessions for 10 weeks)
 - ✓ Blueprint plan for employment
 - ✓ Assessment
 - ✓ Job Searches
 - ✓ Applications/Resumes
 - ✓ Interview Role Play
 - ✓ Employment Social Skills
 - ✓ ADA Title I
 - ✓ Personal Awareness, Motivation & Self-Esteem.
 - Office Skills Training
 - Employment training

- Retail Skills/food services
 - Customer Service Skills
 - Art classes, painting and drawing techniques
- **INDEPENDENCE WAY** – A program to empower people with disabilities to take control of their lives. Self-determination, Self-awareness, Self-Esteem, Self-giving, Self-starting, and Self-advocacy, Self-leadership, Self-actualization.
- **Computer Classes:**
 - ✓ Computer Basics & Internet & Email
 - ✓ Microsoft Word, Microsoft Excel
 - ✓ Computer Assistive Technology – JAWS, Dragon, Kurzweil Scanner. For people with sensory and physical disabilities in need of assistive technology to learn use of computers.
 - ✓ Advanced Computer Skills/Office 2007
 - ✓ Working the keyboard, data entry, filing, and receptionist skills.
- **Daily Living skills for Better Health, Communication and Social Skills:**
- **Advocacy, Education and Peer Support Training AEPS:** Volunteer training to provide support to consumers, teach independent living skills, serve as advocates and provide information and referral.
- **Community Transition Services** The Independence Center also works with people in nursing homes and other institutions for the disabled to assist in transitioning them back into the community.
- **Representative Payee** Financial services for disabled individuals required to have a payee by Social Security or needing services to maintain independence in the community.
- **Services with Deaf Specialist**
(ASL provided)

LEGAL ASSISTANCE

COLORADO LEGAL SERVICES

617 South Nevada Avenue, CS/CO 80903

(719) 471-0380

They assist low-income individuals with civil matters such as housing, consumer issues, and family matters. CLS cannot assist if a conflict of interest applies. Assistance is available Monday through Friday, 8:30 am-Noon, 1:00 pm-5:00 pm.

NEIGHBORHOOD JUSTICE CENTER

105 East Vermijo, 2th Floor, Suite 230, CS/CO 80903

(719) 520-6016

Provides mediation services for any disputes not including divorce or child custody, where the parties desire to resolve the dispute outside of court. The purpose is to assist with arriving at solution to a conflict and restitution on damages and no cost.

CALL A LAWYER

(719) 471-0380

This service provides free answers to legal questions on the third Thursday of every month between the hours of 7:00 pm and 9:00 pm.

COLORADO CLIENT ASSISTANCE PROGRAM AND LEGAL CENTER

(800) 288-1376

www.thelegalcenter.org

This independent advocacy program helps people with disabilities that have questions, concerns and problems regarding any rehabilitation programs funded under the Rehabilitation Act of 1973. It assists people with disabilities regarding their rights.

.EL PASO COUNTY BAR ASSOCIATION AND REFERRAL SERVICE

19 North Tejon, CS/CO 80903

(719) 636-1532

www.elpasocountybar.org

Provides a lawyer referral depending on your particular need.

COLORADO CROSS-DISABILITY COALITION HOME

(800) 817-1435 (voice)

(877) 267-1621(TTY)

E-Mail: info@ccdconline.org

CCDC's Legal Program represents individuals with disabilities and the organization in disability discrimination cases, and in other cases that have the potential to improve the lives of people with disabilities in Colorado.

MEDICAL HEALTH CARE

MEDICAID

(719) 636-0000

Will pay for home health aides and nursing visits for those in need of skilled care (i.e., monitoring vitals, blood sugar, catheter care, and transfers). There is no co-pay for services and SSI recipients are automatically eligible. Others may qualify through the HCBS waiver program, providing they pass a long-term care screen.

COLORADO CHILD HEALTH PLAN PLUS

(800) 359-1991; www.cch.org

A state Medicaid program for low-income families with uninsured children under the age of 17.

PEAK VISTA COMMUNITY HEALTH CENTER

2840 International Circle, CS/CO 80910

(719) 632-5700

www.peakvista.org

Provides affordable health care for low-income individuals/families. If you have Medicaid, Medicare, private insurance or Child Health Plan Plus (CHP+), call (719) 632-5700 to register.

You must register for services prior to receiving medical assistance. CHC provides diagnosis and treatment for medical needs, and prescription medication is available on a sliding scale. One may make an appointment to register for membership by calling on Friday from 1-2 pm a minimum amount of appointments are provided.

IMMEDIATE CARE CLINIC

2502 Pikes Peak Avenue, CS/CO 80910

Call(719) 630-6440 X 6363 for appointment.

Same day appointment M-F 8 am-9: 30 pm, Sat 9-4:30 pm, Sun 10 – 3:30 pm. For registered members and general public.

ELKS TRIMBLE CHARITY FUND

P.O Box 7165, CS/CO 80933

(719) 634-7360

Provides assistance for orthopedic braces, hearing aids and dentures.

COLORADO RESIDENCE PROGRAM

Penrose Hospital: (719) 776-3108

Memorial Hospital: (719) 365-2121

Allows for those individuals with large hospital bills to pay only a portion, if they are low-income and cannot afford the total hospital bill.

PENROSE-ST. FRANCIS HEALTH SERVICES MINISTRY & MISSION

Outreach Coordinator: (719) 776-8567

Pastoral Nurse Coordinator (719) 776-8567 Provides pastoral nursing services to enhance wholeness of body, mind, and spirit to those in need by integrating faith, health, and community resources.

TRILAKES HEALTH ADVOCACY PARTNERSHIP

550 Highway 105, Monument, CS/CO 80132
(719) 488-1405

S.E.T.

424 West Kiowa Unit B, CS/CO 80910
(719) 776-8850

www.setofcs.org

Clinic with volunteer doctors and nurses providing basic health care for low- income individuals without health insurance. Call for locations of family clinics and appointments. Services also available at the Marion House Soup Kitchen. Monday-Fridays 11:30 am to 1pm

MISSION MEDICAL

2125 E. LaSalle St. CS/CO 80910
(719) 219-3402

www.missionmedicalclinc.org

Dental, vision and prescription drugs and other medical services to those who qualify.

OPEN BIBLE MEDICAL CLINIC

824 S. Union Blvd. CS/CO 80910
(719) 475-0972

Serving people with chronic and acute needs. Open Tuesdays from 6pm-9pm, by appointment only.

Recreation/Travel

NATIONAL SPORTS CENTER FOR THE DISABLED

P.O. Box 36, Winter Park, CO 80482
(970) 726-5514

Largest outdoor, therapeutic recreation program, for people with disabilities in the world. It offers seasonal activities such as snow skiing, snowboarding, sailing, mountain biking, fishing, rafting, and more. It also offers training for beginners to the competitor. Adapted equipment is available for over 45 various types of disabilities.

STATE FORESTRY SERVICES

601 S. Weber Street, CS/CO 80903
(719) 636-1602

www.fs.fed.us/r2

Golden Access Pass to all national parks. This entitles persons with disabilities to gain access to parks for free and pay 50% on use fees (camping and parking).

COLORADO SPRINGS THERAPEUTIC RECREATION PROGRAM

1315 East Pikes Peak CS/CO 80909
(719) 385-6958

Provides recreational opportunities for people with disabilities. Registration is required for most activities and some fees are involved. Call for a brochure of seasonal activities.

YMCA SWIM PROGRAM

207 North Nevada, CS/CO 80903

(719) 473-9622

Men's and Woman's Plus Household memberships includes a regular membership for an additional adult and children living in the same household. For more information about the YMCA of the Pikes Peak Region's new Income Based Rate Scale please visit the Member Service Desk at your YMCA. Offers swim classes for physically challenged individuals. Basket lift is available for pool access.

WILDERNESS ON WHEELS

(303) 403-1110

www.wildernessonwheels.org

A model wilderness access facility located in the mountains 60 miles southwest of Denver. It offers fishing, cookouts, and overnight camping in an accessible natural environment. WOW is open from April to mid-October at no charge. Dogs are prohibited and donations are requested. Call for reservations.

COLORADO DIVISION OF WILDLIFE

4255 Sinton Road, CS/CO 80907

(719) 227-5200 / www.wildlife.state.co.us **Free lifetime fishing permits for Veterans and people with disabilities. Applications available at The Independence Center.**

SENIOR SERVICES

THE PIKES PEAK AREA ON AGING

15 South 7th Street CS/CO 80905

(719) 471-2096

The Senior information and Assistance center.

Please ask the receptionist for a yellow book for more information.

SILVER KEY SENIOR SERVICES

2250 Bott Avenue, CS/CO 80904

(719) 632-1521

www.silverkey.org

Services provided to individuals who are 60 and older. Silver Key provides homemaker and emergency services, transportation and much more. Call for additional information.

AMERICAN MEDICAL RESPONSE SERVICES

2370 North Powers, CS/CO 80915

(719) 636-2333

Provides transportation from nursing homes and assisted living facilities to doctor's and medical appointments.

FOUNTAIN VALLEY SENIOR SERVICE

5745 Southmoor Drive
Fountain, CO 80817

(719) 520-6470 Provides transportation for Fountain Valley seniors and some areas in eastern El Paso County. For reservations call 719-520-6472. Call 24 hours in advance. Senior Services, under the Department of Human Services, is dedicated to enhancing the quality of life for older adults by providing County-wide leadership, direct services as needed, information and referral, networking, advocacy and collaboration for adult protection.

SENIOR ASSISTANCE PROGRAM

14 S. Chesnut, CS/CO 80905
(719) 471-2096

The Area Agency on Aging funds these services through the federal Older Americans Act (OAA) and the State of Colorado. A person must be 60 years of age or older to be eligible for a service provided by the Older Americans Act (OAA). Some exceptions apply for specific cases. There is no fee charged for services and no one is denied services because of an inability to pay. Donations, however, are encouraged, and for most programs there is a recommended contribution rate. Income from donations provides an important source of ongoing funds to continue the services.

Service Animals

CANINE COMPANIONS FOR INDEPENDENCE

126 Las Animas, CS/CO. 80903
(719) 260-6151

www.cci.org Provides trained assistance dogs for individuals with physical disabilities and hearing impairments. Requires travel to a Canine Companion for Independence regional center.

GUIDE DOGS FOR THE BLIND

P.O. Box 151200
San Rafael, CA 94915
(800) 295-4050

www.guidedogs.com Provides trained seeing-eye dogs for the blind on low vision individuals. Requires travel to Oregon or California for four week training with the dog (two week refresher courses are also available). There is no cost for travel or training for this program. Call for application.

INTERNATIONAL HEARING DOG, INC.

5901 East 89th Avenue, Henderson, CO 80640
(303) 287-3277 (voice or TTY)

www.ihdi.org

Provides specially trained dogs for individuals who are deaf or hard of hearing. There are no fees or travel required outside of Colorado. Instructors will come to your house for a few days to train you. Call for an application or information.

ALL ABOUT PETS

(719)633-1010

House calls only. Mobile unit does annual physical exams, vaccinations, surgery, dentistry, and other services.

COMPANION ANIMALS (not certified or licensed)

The Fair Housing Amendment Act of 1988 allows an individual with a disability to have a companion animal as a reasonable and necessary accommodation to the tenant. It requires a statement from a doctor or therapist that the animal is necessary to the psychological well being of the individual with a disability. The animal does not have to be formally trained.

The Americans with Disabilities Act requires that businesses and other public accommodations must allow people to bring their service animals onto public premises, but does not include companion animals. A service animal, under ADA, does not require certification.

SUPPORT GROUPS

SOUTHERN COLORADO A.I.D.S. PROJECT

1301 South 8th Street, Suite 200, CS/CO 80905

(719) 578-9092 / www.s-cap.org

BRAIN INJURY ASSOCIATION OF COLORADO (B.I.A.C.)

4200 West Conejos Place #524

Denver, CO 80204

State Office: (800) 955-2443 or (303)355-9969

www.biacolorado.org

Improving the quality of life for survivors of brain injury and their families. Provides support programs to prevent brain injury. Meetings are held every third Thursday of the month at Penrose Hospital, 2222 N. Nevada at 6:00pm.

MULTIPLE SCLEROSIS ALLIANCE OF SOUTHERN COLORADO

1352 North Academy Blvd, CS/CO 80909

(719) 633-4601

www.msfacts.org

Provides financial assistance for medical equipment and prescription medication, exercise group, and education for patients and their families.

MUSCULAR DYSTROPHY SOCIETY

5446 N. Academy Blvd #100 CS/CO 80918

(719) 260-8777

www.mdausa.org

A local support group and information provider for 43 neuromuscular diseases including ALS, in the Colorado Springs area. Also provides assistance in obtaining durable medical equipment.

CEREBRAL PALSY ASSOCIATION OF COLORADO SPRINGS

1322 North Academy Blvd., #115 CS/CO 80909
(719) 633-0808

www.healthsystem.virginia.edu

They provide financial assistance for therapies and orthopedic aids, lending closet, augmentative communications devices and other equipment.

THE INDEPENDENCE CENTER BRAIN INJURY SUPPORT GROUP

Our Traumatic/Cognitive Brain Injury **Group** meets the 2nd & 4th Wednesday of the month from 1:30 pm – 3:00 pm. The group discusses a variety of issues and concerns that relate to their brain injury.

THE INDEPENDENCE CENTER PEER SUPPORT GROUPS

729 S Tejon, CS/CO 80903
(719) 471-8181

The Center hosts a variety of weekly disability support groups. **Our Cross Disability Support Group meets** Fridays from 11:00am to 2:00pm, all are welcome. Individual peer sessions are available by appointment only.

AUTISM SOCIETY OF AMERICA PIKES PEAK REGION

PO Box 7802 CS/CO 80933
(719) 630-7072

The mission of the Autism Society of America, Pikes Peak Chapter ensure lifelong access and opportunity for individuals with autism, and their families, to be fully participating, included members of their schools and communities.

www.asappr.org for listings of events

SOCIAL SECURITY WORK INCENTIVES

Apply for the following programs at the Social Security Office, or apply on line at socialsecurity.gov
1049 North Academy Boulevard, CS/CO 80909
or call (719) 574-9279 for free booklets.

For SSDI Recipients:

TRIAL WORK PERIOD

For nine (9) months, you may earn as much as you can without affecting your benefits. \$720 in 2010 earned in a month counts as a trial work period month. After your trial work period ends, your work is evaluated to see if it counts as substantial gainful employment. If your earnings average under \$1,000 in 2010 per month, benefits will generally continue. If earnings exceed these amounts, per month, benefits will stop after a three-month grace period.

SSA WORK INCENTIVE PLANNING AND ASSISTANCE

**ARE YOU RECEIVING SOCIAL SECURITY DISABILITY BENEFITS AND LOOKING FOR WORK?
WOULD YOU LIKE TO KNOW HOW WORKING WILL AFFECT YOUR BENEFITS? If YES,** then

2220 E. Bijou Street, STE. 161, CS/CO. 80909
(719)425-0911

Please contact your local community Work Incentive Coordinator (CWIC)
Julie Taylor, Employment Works/UCP of Colorado

IRWE – IMPAIRMENT RELATED WORK EXPENSES

Certain expenses for items you need in order to work (e.g., medical devices, equipment, vehicle modifications, attendant services and independent living services) can be deducted from countable income when your work performance is assessed. You must keep a record of expenses and provide proof of payment.

P.A.S.S. – PLAN TO ACHIEVE SELF SUPPORT

A PASS can be used as a means to establish SSI/Medicaid eligibility. This permits you to set aside all or part of your monthly SSDI benefit in order to reach a vocational goal. When receiving SSI earned income from employment, it may be used in a PASS plan which would maintain your regular SSI payment. Typical goals are to start a business, go to school, or to secure employment. PASS plans can be changed or modified at any time.

SECTION 1619B

This incentive continues Medicaid coverage for working people with disabilities under the age of 65 when their earnings become high enough to disqualify them for an SSI payment. Check what the threshold earnings amount is annually. To qualify under 1619B, a person must not be able to cover medical expenses, need Medicaid to maintain employment (attendant services, prescriptions, supplies, and doctors), have a permanent disability and meet all SSI eligibility requirements other than earnings. Contact social security to apply for 1619B if working and on SSI.

TELEPHONE SERVICES

COLORADO RELAY FOR THE DEAF -711

(800) 659-3656 (hearing), or (800) 659-2656 (TDD)

Video Relay Services available at The Independence Center. (866)320-3975

A free telephone service that relays calls to and from deaf and hearing impaired individuals. Enables a hearing impaired person to place a call to deaf individuals, as well as a hearing person to a deaf individual. There is no charge for local calls.

EMERGENCY RESPONSE MONITORS

Provides 24-hour response via a pendant worn on the wrist to be activated in emergencies. There is usually a small monthly rental charge. Coverage is provided by Medicaid, Lifeline Emergency Response System, (800) 842-1393, and Tel-CARE Systems,(719) 522-9779

ADA Title IV: Telecommunication Relay Service Federal Communications Commission (888) 225-5322

COLORADO LOW-INCOME TELEPHONE ASSISTANCE

A government program for qualified low income households. Save up to \$16.50 on your basic monthly bill and 50% (half), up to \$30, on installation charges. Those on SSI, AND, OAP, and AB (Aid to the Blind) are eligible. Must be primary phone—land line. Participating cell companies are Alltel (1-800-579-9778) and Northeast Colorado Cellular (1-877-484-2376) (Stores in Brush, Elizabeth, Ft. Morgan, Holyoke, Lamar, Springfield, Sterling, Wiggins, Wray, Yuma). Check with your cell provider to see if they participate. 1-(800)-782-0721

TRANSPORTATION

AMBLICAB PARATRANSIT SERVICE

1352 Academy Blvd.

CS/CO 80909

(719) 633-4677

Paratransit services with ADA certified eligibility requirements. Offers door to door service for the handicapped at \$3.00 per trip. Wheelchair lifts on vehicles. Call at least 24 hours in advance. (Two weeks notice is recommended).

MEDICAID TRANSPORTATION

(719) 444-5607 M-Thurs 7:30-5:00 pm

Provides for Medicaid recipients who need transportation to doctor appointments. Doctor will need to fill out form to determine need. Bus fare or mileage reimbursement thru medicaid. If denied you can appeal. Call the Independence Center for more information if denied.

DISABLED BUS CARD

The Independence Center

729 S. Tejon, CS/CO 80903

(719) 471-8181

Provides a 50% reduced fare bus card for persons with disabilities who rely on the bus system for transportation. Eligibility is provided regardless of income. A doctor, registered nurse, caseworker or independent living specialist must sign applications. Bus cards are issued Monday through Friday, 8:00 am to 4:00 pm. Replacements cards cost \$1.00 each.

BEO

1442 N. Hancock Ave., CS/CO 80903

(719) 362-8000/(719) 385-0200

Transportation service that uses a wheelchair or stretcher, dignified bariatric capabilities.

METRO MOBILITY

1015 Transit Drive, CS/CO 80903

(719) 392-2396 (reservations)

They provide transportation in special vans for persons with disabilities who are unable to use fixed route city bus services. You must first complete an application and be certified eligible. They provide curb-to-curb service as designated by the client. Reservations must be made by 5:00 pm the day before, but longer advance notice (two weeks) is helpful. Subscription service (there may be a waiting list) is available to riders with regular schedules.

In town fare is \$3.00 one-way and \$4.00 one-way outside of city limits. Boundaries for service are Old Ranch Road on the north, Peterson Road on the east, C&S Road on the south, and Manitou Springs Road on the west. Service is 6:00 am to 6:15 pm, Monday through Friday. Next day and same day service is provided for specific urgent needs. By showing your ADA certified rider card, you can ride the public bus free of charge.

MOUNTAIN METRO (bus terminal at 127 East Kiowa)

1015 Transit Drive, CS/CO 80903

(719) 385-7433

Provides public transportation with reduced fares for students, children, disabled and senior citizens. All buses are disability accessible in Colorado Springs, Security, Fountain, Widefield, and Manitou Springs. Buses operate between Monday through Friday 6:00am – 6:15pm,. Basic Fares are \$1.85 and \$.75 for persons with disabilities with a reduced fare bus card. Call for schedules.

FREX

(719) 636-3739

Express bus service from Fountain, Colorado Springs, Monument to Denver. Accepts Disabled bus card between 10:00 am – 3:00 pm for ½ price fare.

UTE PASS EXPRESS

Information at(719)385-7433 or online at mmtransit.com

Operates Monday through Friday – from COS I25 & Tejon Park and Ride and the downtown terminal – stops in Manitou Springs, Cascade, Green Mountain Falls and Woodland Park. Fares for Medicare passengers and people with disabilities is \$2.00 in cash.

YELLOW CAB

4625 Town Center Drive, CS/Co 80916

(719) 777-7777

Provides passenger transportation, package delivery, calls for service at specific times, charge accounts. Wheelchair accessible cabs are not available

ADA Title II – Questions & Complaints

Federal Transit Administration (888) 446-4511 (voice/relay)

ADA Title III – Public Accommodations

Comply with basic non-discrimination requirements that prohibit exclusion, segregation and unequal treatment. Courses and examinations must be provided in a place and manner accessible to people with disabilities.

Disability Rights Division,(800) 514-0301

VETERANS BENEFITS

DISABLED AMERICAN VETERANS.

3754 East LaSalle, CS/CO 80909

(719) 380-8005

www.dav.org Provides assistance with service-connected and non-service connected veteran disability claims. Also, provides transportation to and from the Veterans Administration Hospital in Denver.

DISABLED AMERICAN VETERANS

105 North Spruce, CS/CO 80903

(719) 327-5660

www.va.gov No appointment required. Office hours are 7:30am to 5:00pm, Monday through Thursday, and 7:30am to 4:30pm on Fridays.

HOMELESS VETERANS

25 North Spruce, CS/CO 80903
(719) 667-5588 or (800) 278-3883

COLORADO SPRINGS VA CLINIC

25 North Spruce, CS/CO 80903
(719)327-5660 OR (800)-278-3883

This clinic is for Veterans with simple medical needs. Prior registration is required.

Accessible Trails for People with Disabilities

Springsgov.com/Parks, Recreation and Cultural Services

Rockrimmon Trail

Length of the Rockrimmon Trail: 6 Miles

Link improvements in the Rockrimmon Trail:

Golden Hills to Pikes Peak Greenway

Foothills Park to Vindicator

Rockrimmon Trail connects to the following trails:

Foothills Trail

Pikes Peak Greenway

Cottonwood Creek Trail

Completed portion: Academy Blvd. to Austin Bluffs Pkwy.

Incompleted portion: Pikes Peak Greenway to Academy Blvd. / Austin Bluffs Pkwy to Sand Creek Trail

Length of the: 3.64 miles completed, 5.76 proposed

Cottonwood Creek Trail is proposed to connect to the following trails and parks:

Pikes Peak Greenway

Skyline Trail

Homestead Trail

Sand Creek Trail

Cottonwood Creek Park

Project Status: Under construction

Engineering for this challenging project of connecting the Pikes Peak Greenway with Academy Blvd is 95% complete. Right-of-way and trail easements have been obtained for all but one remaining parcel.

Funding for the construction of this segment of the Cottonwood Trail should coincide with the completion of the Woodmen Interchange and Bridge Replacement Project along I-25. Through coordination with C-DOT, the pedestrian underpass under I-25 at Cottonwood Creek was completed in early 2004 as part of the Woodmen Road Interchange project.

The connection of Rangewood Road to Woodmen Road will provide an important connection between the rapidly developing Woodmen corridor with the Cottonwood Creek Community Park and new Northeast Recreation Center.

Foothills Trail

Length of the Foothills Trail: 2.7 Miles

Link improvements in the Foothills Trail:

31st Street to Blair Bridge

30th Street to Centennial

Flying W. to Northwest. Recreation Center

Foothills Trail Greenway connects to the following trails:

Sinton Trail

Palmer Mesa Trail

Rockrimmon Trail

Midland Trail (Proposed)

Woodmen Trail (Proposed)

Project Status: Completed

Phase I: Completion of this missing segment of trail enables trail users safe passage under 31st Street at the north end of the Garden of the Gods Park.

Phase II: This project included drainage and accessibility improvements to the Foothills Trail along Flying W. Ranch Road. Three pedestrian crossings and 23 pedestrian ramps were constructed as part of this project.

Phase III: This segment of the Foothills Trail was completed in 2001. The project will greatly improve pedestrian access to the new Northwest Recreation Center at Wilson Ranch Park.

Homestead Trail

Length of the Homestead Trail: 8.18 miles complete, 1.00 proposed

Homestead Trail connects to the following trails and parks:

Rock Island Trail

Sand Creek Trail (proposed)

Palmer Park

Project Status:

- Completed from the Cottonwood Creek Trail to Templeton Gap Rd.
- Completed from Stetson Hills Blvd. to Galley Rd
- Incomplete from Templeton Gap Rd to Stetson Hills Blvd.
- Incomplete from Galley Rd to Sand Creek Trail

